What is claimed is:

- 1. A sampling instrument comprising:
- a first housing comprising a needle arranged for protrusion therefrom, said needle being adapted to draw therethrough a fluid;
- a reagent disposed in said first housing in fluid communication with said needle, capable of producing an optically-sensible reaction with a fluid; and
- an optical sensor disposed in said first housing adapted to sense said opticallysensible reaction.
- 2. The sampling instrument according to claim 1, further comprising a processor in communication with said optical sensor adapted to process a signal from said optical sensor, said signal being a function of said optically-sensible reaction.
- 3. The sampling instrument according to claim 2, wherein said processor is in communication with said optical sensor by means of an optical waveguide.
- 4. The sampling instrument according to claim 2, wherein said processor is disposed in a second housing, said first and second housings comprising mating connectors to effect the communication between said processor and said optical sensor.
- 5. The sampling instrument according to claim 1, wherein said first housing is disposable.
- 6. The sampling instrument according to claim 2, further comprising a fluid pump in fluid communication with said needle adapted to pump a biological fluid through said needle.
- 7. The sampling instrument according to claim 4, further comprising a fluid pump in fluid communication with said needle adapted to pump a biological fluid through said needle, wherein said fluid pump is disposed in said second housing.
- 8. The sampling instrument according to claim 1, wherein said first housing further comprises a waste receptacle for storing therein at least one of waste products of said optically-sensible reaction and destructive fluids for neutralizing substances.
- 9. The sampling instrument according to claim 1, wherein said needle is retractable into said first housing.
- 10. The sampling instrument according to claim 2, further comprising a display in communication with said processor.
- 11. The sampling instrument according to claim 2, wherein said processor comprises a photodiode and a microprocessor.

- 12. The sampling instrument according to claim 1, further comprising at least one of a transmitter and a receiver for wireless communication with an external device.
- 13. The sampling instrument according to claim 4, wherein said first and second housings together form an elongate housing.
- 14. The sampling instrument according to claim 4, wherein said second housing is reusable.